

Medical Compression Garments Washing Instructions



Given correct care your compression stockings should last 6 months with full time daily use.

Washing instructions for correct cleaning of compression stockings

- Wash your compression stockings daily.
- Use a detergent for delicate fabrics. Do not use fabric conditioner as this may block the pores and make the fibres stick together.
 - We do not recommend Softly or other Fabric Softeners
- Please do not have compression stockings dry cleaned and do not iron or bleach.
- Never dry compression stockings in the sun or on a heater
- Dry in a warm room overnight

Hand Washing Hints:

- Fill the wash-hand basin with water
- Add washing powder or special detergent and leave to act for a short time
- Wash the stockings
- Rinse
- Wrap the wet stockings in a towel
- Lay the towel-garment on the ground and tread on it, so that as much moisture as possible is pressed out of the stocking into the towel then take the stockings out of the towel and hang them up
- Leave to dry in a warm room until next morning

Why should medical compression stockings be washed every day?

- For hygiene reasons
- Only a freshly washed stocking acts on the leg because the stocking loses some of its shape and Compression. Washing restores the garments original shape and Compression. Those who don't wash their stockings for days will not have the required pressure on their legs to enable them to benefit from compression therapy.
- The daily wash helps the stocking to keep its elasticity and compression properties for a period of six months.
- A second Garment is recommended for hygiene reasons so you can use one while the other is being washed.

We Advise you have your Garments reviewed every 6-12 months or as required

If you have any problems or questions about your Garments, please do not hesitate to contact us.

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